Writing

Dear Editor,

I am writing in response to the article, that I read from your magazine. I want to express my opinion about the fight against the aging process. So many people think, that aging makes them unattractive, they try to fight it with any means necessary. But isn’t it the process, that we all need to accept as human beings?

First of all, I think, that there is nothing wrong with aging, because, when we talk about attractiveness, different age groups of people are usually attracted to different age individuals with rear exceptions. People, that want to look younger, try all kinds of unnatural things to achieve their goals and in process make themselves unattractive, while not even knowing it. For example: older individuals, who can’t stop taking plastic surgeries, are not only unattractive, in my opinion, but also can damage their bodies in the process.

Secondly, while I understand the point of trying to look attractive to the society, there is no need to over-complicate things, especially when there is aging involved, which is a natural process for the human body. There will always be people, who won’t find you attractive, you can’t appeal to everyone. It is really important to except yourself first and only then, think about your attractiveness to others.

To sum everything up, people, who try to fight aging, should try to accept and enjoy it, because we only get old ones, there is no need of trying to skip the process and beautiful things that come with it. Aging is a part of the path, that we all need to take and there is no going around it.

Sincerely,

Vytenis Kriščiūnas

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